

**V** = Vegetarian **VG** = Vegan **H** = Halal **GF\*** = Gluten Free Option Available









#### **ALITTLE BIT ABOUT US...**

Our menu, encompasses the Menus of Change framework principles and is crafted from scratch by University chefs. This features daily specials and a variety of vegetarian, vegan, and gluten-free options. For more information visit <a href="mailto:menusofchange.org">menusofchange.org</a>

We source our beef from the University of Reading's Shinfield farm, just 3 miles away, and focus on high-quality, locally-sourced ingredients. Proud holders of the Gold Accreditation from the Sustainable Restaurant Association's Food Made Good scheme.

www.hospitalityuor.co.uk/sustainability/purchasing-standards





## **NIBBLES**

House Rub Chicken Wings with House Slaw (H) | £6.95

UPGRADE TO SHARER FOR £10.95

BBQ Organic Pork Ribs with House Slaw | £6.95

UPGRADE TO SHARER FOR £10.95

Seasoned Skin-On Chips (H) £3.95

Cheesy Chips (V) £4.95

Crisp Ciabatta Garlic Bread (V) £3.25

Crisp Ciabatta Garlic Bread with Cheese (V) £4.25

## **SPECIALS**

ス

FANCY SOMETHING DIFFERENT?

ASK OUR FRIENDLY STAFF ABOUT TODAY'S SPECIALS

### **MAINS**

#### Gammon, Egg & Chips | £10.95

Seared gammon steak served with chips, free-range egg and garden peas

# Plant-based Sausage, Mash & Gravy (VG) | £9.95

Plant-based sausages with creamy mash & a rich vegetable gravy

### **BURGERS**

All served with chips

#### UoR Cheeseburger (GF\*) | £9.95

A mature cheddar, handmade chargrilled handmade UoR burger served in a Waring's brioche bun with gem leaf, tomato & onion.

# House Chicken Thigh Burger (H, GF\*) | £9.95

House chicken thigh burger served in a Waring's brioche bun with gem leaf, tomato & aioli.

#### Plant Burger (VG, H, GF\*) | £9.95

Plant Based burger served in a Hobb's seeded bun with gem leaf, tomato & onion

#### Pasta & Beef Bolognese | £7.95

UoR homemade beef bolognese with organic pasta from Cornwall Pasta Co. and italian-style cheese

# Pasta & Pomodoro Sauce (VG, H) | £7.95

Homemade rich tomato sauce with basil & pine kernels with organic pasta from Cornwall Pasta Co,





## **OVEN-BAKED PIZZAS**

#### Buffalo Mozzarella & Basil (V) | £6.95

Rich and creamy buffalo mozzarella with a tangy pizza sauce topped with fresh basil



#### 'Nduja, Roasted Red Pepper, Basil & Rocket | £7.95

Spicy 'Nduja sausage with smoky roasted red pepper topped with fresh basil and rocket

#### Wigmore Cheese, Slow Roasted Vine Tomato & Spinach (V) | £6.95

Fruity, rich and delicate cheese from Village Maid topped with slow roasted vine tomatoes & spinach

#### Margherita (VG) | £5.95

Mild and creamy cheese, made for all the plant-based lovers!