

**Breakfast**

**Lunch**

**Dinner**

**Hot**

**Cold**

**Pizza**

**Kitchen**

**Pan Asian**

**Pizza**

**Kitchen**

**Pan Asian**

**Monday**

Shakshouka (Baked Eggs)	Selection of Cereals Pastries Yoghurt & Toppings	Bolognese Pasta Bake Ratatouille Pasta Bake Selection of Pizzas	Buffalo Chicken Drummer V Sloppy Joe with Corn Bread Charred Corn House Slaw Penne, Linguine or Farfarell Choice of pesto Flavour, garlic & Chive, sun dried tomato, traditional & Red Pepper Toppers Cheese, Nuts, Onion crunch, Rocket	<b>Ramen &amp; Noodles</b> Five Spice Honey and Soy Mackerel Seared Steak Marinated Halloumi Personalisation station	Bolognese Pasta Bake Ratatouille Pasta Bake Selection of Pizzas	Chicken Enchiladas Sweet Potato Enchiladas Sweet Corn Black Bean & Avocado Salad <b>Big Pan Paella</b>	<b>Ramen &amp; Noodles</b> Five Spice Honey and Soy Mackerel Seared Steak Marinated Halloumi Personalisation station
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**Tuesday**

Bacon Bap	Selection of Cereals Pastries Yoghurt & Toppings	Pollo Pesto Pasta Bake Tomato & Mascarpone Pasta Bake Selection of Pizzas	<b>JACKET BAR</b> Baked Sweet Potato 2 Toppings Boston Beans, Bolognese, Vegan Chilli with Grated Cheese or Vegan Cheese Served with Beetroot and Cornichon Salad  BBQ Pulled Pork Wrap or Sweet Potato Falafel Wrap with Sweet Potato Wedges	<b>Ramen &amp; Noodles</b> King Prawns Chinese pork shoulder Teriyaki Tofu Personalisation station	Pollo Pesto Pasta Bake Tomato & Mascarpone Pasta Bake Selection of Pizzas	<b>INDIAN</b> Indian Spiced Lamb Burger Vada Pav and Winter Slaw  <b>MIDDLE EASTERN</b> Choice of Skewer: Pomegranate Chicken and Chilli, Baharat Cauliflower and Aubergine Skewer or Sis Kebab (Turkish Lamb Kebab) with Homemade Flatbread, Hummus, Pickled Cabbage Burnt Broccoli, Chick Pea, Kale & Cashew Nut	<b>Ramen &amp; Noodles</b> King Prawns Chinese pork shoulder Teriyaki Tofu Personalisation station
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**Wednesday**

Kao Tom Breakfast Pot	Selection of Cereals Pastries Yoghurt & Toppings	Pollo Pesto Pasta Bake Tomato & Mascarpone Pasta Bake Selection of Pizzas	<b>PASTA BAR</b> Spiced King Prawn, Tomato & Mascarpone with Shells or linguine with Garlic Ciabatta  <b>House Beef Burger</b> or <b>Portobello Burger</b> with <b>Winter Slaw</b>	<b>Ramen &amp; Noodles</b> Chicken Tori Kara Age Shichimi Pork & Sesame Miso Tofu Personalisation station	Pollo Pesto Pasta Bake Tomato & Mascarpone Pasta Bake Selection of Pizzas	<b>THAI</b> Beef Rib Mussaman or Thai Red & Tofu Curry with Wild Rice & Steamed Bok Choy  <b>TRADITIONAL</b> Rosemary Roast Turkey with cranberry stuffing & Gravy with Onion Tart, Roast Sweet Potatoes, savoy, Roast Squash & Beets	<b>Ramen &amp; Noodles</b> Chicken Tori Kara Age Shichimi Pork & Sesame Miso Tofu Personalisation station
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**Thursday**

Chipotle & Blackbean Breakfast Pot	Selection of Cereals Pastries Yoghurt & Toppings	King Prawn Pasta Bake Arrabbiata Pasta Bake Selection of Pizzas	<b>TACO BAR</b> Hard or soft tacos Beef Chilli or Bean with Ice berg, Cheese, Salsa Green Mango, Heritage Carrot & Mint  <b>HOT TOPPED SALAD</b> Quinoa Roasted Tomato, Mint & Feta Salad  topped with House Chicken Thigh Beetroot Falafel	<b>Ramen &amp; Noodles</b> Teriyaki Salmon Yakitori Chicken Crispy Aubergine Personalisation station	King Prawn Pasta Bake Arrabbiata Pasta Bake Selection of Pizzas	<b>INDIAN</b> Tandoori Cod Kale & Onion Vegetable Bhaji with Raitha  Spiced Red Lentils and Peas & Beans  <b>HOT TOPPED SALAD</b> Roasted Beetroot and Maple Salad topped with Honey Roast Gammon or Marinated Halloumi	<b>Ramen &amp; Noodles</b> Teriyaki Salmon Yakitori Chicken Crispy Aubergine Personalisation station
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# Park Eat

9<sup>th</sup> November

## Breakfast

## Lunch

## Dinner

### Hot

### Cold

### Pizza

### Kitchen

### Pan Asian

### Pizza

### Kitchen

### Pan Asian

## Friday

Sourdough Cheese & Marmite Toasty	Selection of Cereals Pastries Yoghurt & Toppings	King Prawn Pasta Bake Arrabbiata Pasta Bake Selection of Pizzas	<b>HOT TOPPED SALAD</b> Sweet Corn Black Bean & Avocado Salad topped with Jerk Pork Steak or Seared Spiced Halloumi  Mac & Cheese, Texan BBQ Brisket  Mac & cheese, Mushroom Ragout with Cornbread	<b>Ramen &amp; Noodles</b> Salmon Honey & Soy Tofu Vietnamese Chicken Personalisation station	King Prawn Pasta Bake Arrabbiata Pasta Bake Selection of Pizzas	<b>ITALIAN</b> Squash, Leek & Ricotta Lasagna or Beef Canneloni with Italian Leaf Salad & Garlic Ciabatta  <b>CHINESE</b> Hunan Style Braised Red Tofu  Dong Po Rou (Hangzhou Braised Pork Belly) Sticky Rice & Fried Bok Choy	<b>Ramen &amp; Noodles</b> Salmon Honey & Soy Tofu Vietnamese Chicken Personalisation station
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## Saturday

Full Cooked Breakfast	Selection of Cereals Pastries Yoghurt & Toppings	Bolognese Pasta Bake Mushroom Ragout Pasta Bake Selection of Pizzas	Piri Piri Butternut Squash Pitta  Pork Collar & Kimchi Brioch  Flat Iron Steak with Crisp Gherkin and Aioli  Charred Corn Salad	<b>Ramen &amp; Noodles</b> King Prawns Char Grilled Chicken Teriyaki Tofu Personalisation station	Bolognese Pasta Bake Mushroom Ragout Pasta Bake Selection of Pizzas	<b>Hot Topped Salad</b> Morrocan Chickpea Salad topped with Seared Glazed Pork Steak or House Butternut Squash  Lamb Shoulder Navarran with Onion Tart, Roasted Garlic New Potatoes & Brocoli	<b>Ramen &amp; Noodles</b> King Prawns Char Grilled Chicken Teriyaki Tofu Personalisation station
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## Sunday

Full Cooked Breakfast	Selection of Cereals Pastries Yoghurt & Toppings	Bolognese Pasta Bake Mushroom Ragout Pasta Bake Selection of Pizzas	Bubble & Squeak Risotto Roast Chicken Leg with Root Vegetable Rosti, Lentil and Pomegranate Tabbouleh and Sauted Lemon & Garlic Kale  Lamb Jalfrezi or Squash & Chickpea Masala with Basmati Rice & Naan Bread	<b>Ramen &amp; Noodles</b> Char grilled Squid Seared Steak Teriyaki Tofu Personalisation station	Bolognese Pasta Bake Mushroom Ragout Pasta Bake Selection of Pizzas	Beef Chuck and Pumpkin Stew with Calabaza, Ajo Y Lentaja (Butternut Squash, Garlic & Lentil) and Freekah Greens & Preserved Lemon R06866 & Kale Chard & Buttered Walnuts  <b>HOT TOPPED SALAD</b> Moroccan Chickpea Salad topped with Seared Glazed Pork Steak or House Butternut Squash	<b>Ramen &amp; Noodles</b> Char grilled Squid Seared Steak Teriyaki Tofu Personalisation station
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