

# Park Eat

21<sup>st</sup> June

Menus are subject to change due to reduced service.

## Breakfast

## Lunch

## Dinner

### Hot

### Cold

Monday

Shakshouka (Baked Eggs)	Selection of Cereals Pastries Yoghurt & Toppings	Bolognese Sauce Artichoke & Spinach Arrabbiata (Tomato, Garlic, Chilli & Olive Oil) Spaghetti & Fusilli Garlic Pizza Bread	Vietnamese Salad Vietnamese Pork Belly Salt & Pepper Tofu	Sichuan Chicken with Chilli, Shouxing & Peanuts (Gong Bao) Sichuan Aubergine with Chilli, Garlic & Shaoxing (Yu Xiang)/Long Grain rice Prawn Crackers	Lamb Chops Beetroot Falafel Freekah, Greens & Preserved Lemon Salad
-------------------------	--------------------------------------------------------	----------------------------------------------------------------------------------------------------------------------------------------	-----------------------------------------------------------------	-------------------------------------------------------------------------------------------------------------------------------------------------------------	---------------------------------------------------------------------------

Tuesday

Bacon Bap	Selection of Cereals Pastries Yoghurt & Toppings	Chicken Burrito Slow Cooked Texan BBQ Beef Burrito Smokey Bean Burrito Chimi Churri Corn on Cob	Chicken Skewer Ramen Bowl Crispy Tofu Ramen Bowl	Chicken, Chorizo, Cannellini Bean Stew Lamb Tagine, Olive & Lemon Homemade Beetroot and Squash Tagine Persian Herbed Rice Fennel Broad Bean & Pea Salad	BBQ Pulled Pork Ciabatta Bavette Steak, Wholegrain Mustard Mayo, Spiced Tomato Relish, Toasted Ciabatta' Homemade Sweet Potato & Black Bean & Avocado Burger Sweet Potato Wedges
-----------	--------------------------------------------------------	----------------------------------------------------------------------------------------------------------	-----------------------------------------------------	---------------------------------------------------------------------------------------------------------------------------------------------------------------------	-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

Wednesday

Kao Tom Breakfast Pot	Selection of Cereals Pastries Yoghurt & Toppings	Vietnamese Crackling Pork Belly in Brioche Banh Mi Panko Tofu Street Baguette Banh Mi Yakitori Chicken Street Baguette	Wild Mushroom Risotto Char Grilled Squid	House Beef Burger House Chicken Breast Burger Homemade quinoa & Black Bean Burger Homemade Onion RIngs House Slaw House Wings Upsell	Grilled Sardines Butternut Squash, Pepper & Apricot Filo Swirl Cous Cous Crisp Fennel, Radish & Pomegranate Salad
-----------------------	--------------------------------------------------------	------------------------------------------------------------------------------------------------------------------------------------	---------------------------------------------	-----------------------------------------------------------------------------------------------------------------------------------------------------	----------------------------------------------------------------------------------------------------------------------------

Thursday

Chipotle & Blackbean Breakfast Pot	Selection of Cereals Pastries Yoghurt & Toppings	Smoke Mac Cheese Pulled Brisket Mole Ratatouille Chopped Salad	Fennel, Radish & Pomegranate Salad Piri Chicken Leg Polenta Spiced Egg	Lamb Catalan stew Spanish tortilla Lentil & pomegranate tabbouleh Lemon Broccoli	Char Sui Pork, Pickled Mooli Steamed Bun Panko Chicken, Mooli Slaw & Kim Chi Steamed Bun Mushroom Bao with Chinese Leaf, Chilli & Ginger (Mogu Bao) Chinese Leaf, Green Papaya, Bok Choi & Miso
------------------------------------	--------------------------------------------------------	-------------------------------------------------------------------------	------------------------------------------------------------------------------	-------------------------------------------------------------------------------------------	-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

# Park Eat

21<sup>st</sup> June

Menus are subject to change due to reduced service.

## Breakfast

## Lunch

## Dinner

Hot

Cold

Friday

<p>Sourdough Cheese &amp; Marmite Toasty</p>	<p>Selection of Cereals Pastries Yoghurt &amp; Toppings</p>	<p>Baked Goujon Wrap Blossom Goujon Wrap Potato Wedges Peas &amp; Beans  Chicken &amp; Prawn Pad Thai Crispy Tofu Pad Thai</p>	<p>Japanese Aubergine Katsu Japanese Chicken Katsu Sticky Rice Bok Choy</p> <p>Pork &amp; Beef Chilli Meatballs with Zasia Chilli Sauce Beetroot Falafel Tomato Bulgur Wheat Chopped Salad</p>
----------------------------------------------	-------------------------------------------------------------------------	--------------------------------------------------------------------------------------------------------------------------------------------------------	------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

Saturday

<p>Full Cooked Breakfast</p>	<p>Selection of Cereals Pastries Yoghurt &amp; Toppings</p>	<p>Spiced Chicken Kaathi Rolls Lamb Kheema Kaathi Rolls Cauliflower &amp; Chickpea Kaathi Roll</p>	<p>Topped Sweet Potatoes Texan BBQ Brisket BBQ Pulled Blossom Smokey Bean Chilli Rainbow Slaw</p> <p>Quesadillas Chicken Quesadillas Smokey Bean Quesadilla Pulled Beef Mole Quesadilla Sweetcorn, Black Bean &amp; Avocado Salad</p> <p>Indian Spiced Lamb Burger in Chapati Kadai Paneer (Spiced Paneer, Peppers &amp; Tomato) Chapati Spiced Slaw</p>
------------------------------	-------------------------------------------------------------------------	----------------------------------------------------------------------------------------------------------------	--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

Sunday

<p>Full Cooked Breakfast</p>	<p>Selection of Cereals Pastries Yoghurt &amp; Toppings</p>	<p>Roast Chicken Leg Whole Roasted Cauliflower, Cheese &amp; Onion Garlic Roasted News Sauteed Kale with Garlic &amp; Lemon</p>	<p>Bratwurst &amp; Curried Onions In Brioche Roll Naked Sausage in Brioch with red onion chutney Saurkraut</p> <p>Chicken Tikka Masala Sweet Potato Cauliflower &amp; Chickpea Madras Basmati Rice &amp; Poppadum</p> <p>Seared Sea Bass with Courgette Ribbons Tenderstem Broccoli &amp; Caper Butter Lentil Squash &amp; Spring Green Galette Served with Roasted Med Vegetables</p>
------------------------------	-------------------------------------------------------------------------	---------------------------------------------------------------------------------------------------------------------------------------------	------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------