

# Park Eat

14<sup>th</sup> June

Menus are subject to change due to reduced service.

## Breakfast

## Lunch

## Dinner

## Theatre Kitchen

### Hot

### Cold

Monday

|                         |   |   |   |  |   |
|-------------------------|---|---|---|--|---|
| Shakshouka (Baked Eggs) | Selection of<br>Cereals<br>Pastries<br>Yoghurt & Toppings | BBQ Ribs<br>BBQ Pulled Blossom Ciabatta<br>Charred Corn on the cob<br>Gem & Ranch Salad | Piri Chicken Thigh Bone in Spinach & Chickpea (Espinacas Con Garbonzas)<br>Bejewelled Rice<br>Charred Corn on the cob | Sweet & Sour Chicken Hong Kong Style<br>Tempura Vegetables with Sweet & Sour Sauce<br>Fried Rice<br>Prawn Crackers | Toasted Spelt & Kale Salad<br>Jerk Pork Steak<br>Piri Piri Butternut Squash |
|-------------------------|---|---|---|--|---|

Tuesday

|           |   |   |   |   |   |
|-----------|---|---|---|---|---|
| Bacon Bap | Selection of<br>Cereals<br>Pastries<br>Yoghurt & Toppings | Beef Fajita<br>Sweet Potato Fajita<br>Spiced Wedges<br>Fresh Garden Salad | Turkey Meatballs in Arrabbiata Sauce<br>Sweet Potato & Goats Cheese with Kale Pesto<br>Farro<br>Fennel & Broad Bean Salad | Ragu Alla Bolognese (Mixed Meat, Tomato & Wine Ratatouilli Sauce<br>Penne Or Spaghetti<br>Garlic Pizza Bread & Garden Salad | Long Grain Rice<br>Zasai Chicken Gohan (Stir Fried Chicken, Pepper, Mushroom, Oyster Sauce)<br>Zasai Pork Gohan (Stir Fried Pork, Pepper, Mushroom, Oyster Sauce)<br>Tofu Cha Han (Tofu Stirfry, Yakitori, Mushroom, Egg, Green Bean, Corn) |
|-----------|---|---|---|---|---|

Wednesday

|                       |   |   |   |   |  |
|-----------------------|---|---|---|---|--|
| Kao Tom Breakfast Pot | Selection of<br>Cereals<br>Pastries<br>Yoghurt & Toppings | Baked Jacket Potato (Hassel) Chilli & Cheese<br>Ratatouilli & Cheese<br>Chopped Salad | Spinach & Ricotta Cannelloni<br>Beef Cannelloni<br>Roasted Squash, Apple, Chilli and Burnt Pepper Salad | Western Indian Beef Kerala Lamb Uppakari<br>Squash & Chickpea Masala<br>Basmati & Wild Rice<br>Kale Bhaji | Deviled Chicken Burger with Pickled water Melon<br>Halloumi Wrap<br>Charred Corn Salad |
|-----------------------|---|---|---|---|--|

Thursday

|                                    |   |   |   |   |   |
|------------------------------------|---|---|---|---|---|
| Chipotle & Blackbean Breakfast Pot | Selection of<br>Cereals<br>Pastries<br>Yoghurt & Toppings | Scandinavian Style Meatballs in a Cream Sauce with Leek Mash<br>Beetballs with Feta with Chipolte Tomato Sauce,<br>Couscous & Roasted Med Veg | Chicken Enchiladas<br>Sweet Potato Enchiladas<br>Charred Corn Salad | Lamb Catalan stew<br>Spanish tortilla<br>Lentil & pomegranate tabbouleh<br>Lemon Broccoli | Char Sui Pork, Pickled Mooli<br>Steamed Bun<br>Panko Chicken, Mooli Slaw & Kim Chi Steamed Bun<br>Mushroom Bao with Chinese Leaf, Chilli & Ginger (Mogu Bao)<br>Chinese Leaf, Green Papaya, Bok Choi & Miso |
|------------------------------------|---|---|---|---|---|

# Park Eat

14<sup>th</sup> June

Menus are subject to change due to reduced service.

## Breakfast

## Lunch

## Dinner

Hot

Cold

Friday

|                                   |  |  |   |  |   |
|-----------------------------------|--|--|---|--|---|
| Sourdough Cheese & Marmite Toasty | <ul style="list-style-type: none"> <li>Selection of Cereals</li> <li>Pastries</li> <li>Yoghurt &amp; Toppings</li> </ul> | <ul style="list-style-type: none"> <li>Fried Buttermilk Chicken DrumStick</li> <li>Piri Piri Butternut Squash Pitta</li> <li>Rainbow Slaw</li> <li>Charred Corn on Cob</li> <li>Sweet Potato Wedges</li> </ul> | <ul style="list-style-type: none"> <li>Wild Mushroom Risotto</li> <li>Char Grilled Squid</li> </ul> | <ul style="list-style-type: none"> <li>Chicken Yakitori Donburi Rice Bowl</li> <li>Char Sui Pork Collar Donburi Rice Bowl</li> <li>Shitake &amp; Cashew Tori Kara</li> <li>Age Donburi Bowl</li> <li>Prawn Crackers</li> </ul> | <ul style="list-style-type: none"> <li>Spelt Sweet Potato &amp; Goats Cheese Peppers</li> <li>Slow Roasted Lamb Shoulder</li> <li>Thyme Roasted Potatoes &amp; Savoy Cabbage</li> </ul> |
|-----------------------------------|--|--|---|--|---|

Saturday

|                       |  |  |   |  |   |
|-----------------------|--|--|---|--|---|
| Full Cooked Breakfast | <ul style="list-style-type: none"> <li>Selection of Cereals</li> <li>Pastries</li> <li>Yoghurt &amp; Toppings</li> </ul> | <ul style="list-style-type: none"> <li>GF House Burger &amp; Chips</li> <li>House Beef Burger &amp; Chips</li> <li>Homemade Quinoa &amp; Black Bean Burger &amp; Chips</li> <li>Quinoa &amp; Black Bean Burger &amp; Chips GF</li> </ul> | <ul style="list-style-type: none"> <li>Seared Chicken Breast &amp; Bacon Caesar Salad with Poached Egg</li> <li>Grilled Halloumi Caesar Salad with Poached Egg</li> </ul> | <ul style="list-style-type: none"> <li>Sis Kebab (Turkish Lamb Kebab)</li> <li>Chicken Harissa Skewer Kebab</li> <li>Baharat Cauliflower Skewer Kebab</li> </ul> | <ul style="list-style-type: none"> <li>Homemade Pitta Bread</li> <li>Mixed Wedges</li> <li>Iceberg Lettuce/Tomatoes/Cucumber/Grated Carrot/Jalapeño</li> <li>Tzakziki/Chipotle BBQ Sauce</li> <li>Thai Green Chicken Curry</li> <li>Homemade Geng Gwio (Thai Green Vegetable Curry)</li> <li>Long Grain Rice</li> <li>Steamed Bok Choi</li> <li>Prawn Crackers</li> </ul> |
|-----------------------|--|--|---|--|---|

Sunday

|                       |  |   |  |  |   |
|-----------------------|--|---|--|--|---|
| Full Cooked Breakfast | <ul style="list-style-type: none"> <li>Selection of Cereals</li> <li>Pastries</li> <li>Yoghurt &amp; Toppings</li> </ul> | <ul style="list-style-type: none"> <li>Roast Beef/Yorkshire Puds/Horseradish Sauce/Meat Gravy</li> <li>Root Vegetable Tart &amp; Roast Trimmings</li> <li>Thyme Roasted Potato</li> <li>Savoy Cabbage</li> <li>Roasted Root Vegetables</li> </ul> | <ul style="list-style-type: none"> <li>Piri Piri Butternut Squash Pitta</li> <li>Piri Piri Chicken Wings</li> <li>Coleslaw</li> <li>Corn on the cob</li> <li>Sweet Potato Fries</li> </ul> | <ul style="list-style-type: none"> <li>Chicken Sharwama</li> <li>Halloumi Sharwama Wrap</li> <li>Roasted MED Vegetables</li> </ul> | <ul style="list-style-type: none"> <li>King Prawn Laksa Bowl</li> <li>Salt &amp; Pepper Laksa Bowl</li> </ul> |
|-----------------------|--|---|--|--|---|