

# Park Eat

19<sup>th</sup> April

Menus are subject to change due to reduced service.

## Breakfast

## Lunch

## Dinner

### Hot

### Cold

Monday

Shakshouka (Baked Eggs)	Selection of Cereals Pastries Yoghurt & Toppings	Pork, Beef & Chilli Meatball in Chipotle Tomato Sauce Tomato & Mascarpone Sauce Rigatoni Pasta/Wholemeal Fusili Fresh garden Salad	Baked Sweet Potato With Bolognese & Cheese Baked Sweet Potato with Baked Beans & Cheese Served with House Slaw	Thai Green Chicken Curry Thai Green Vegetable Curry Long Grain Rice Steamed Bok Choi Prawn Crackers	TOPPED SALAD Mediterranean Veg Salad Chicken Harissa Skewer Sweet Potato Falafel
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Tuesday

Bacon Bap	Selection of Cereals Pastries Yoghurt & Toppings	Lamb & Chorizo Pie Chicken & Leek pie Lentil Squash & Spring Green Galette Courgette, Beans & Peas Leek Mash Meat Gravy/Vegetable Gravy	Vietnamese Noodle Salad Topped with Yakitori Chicken Skewer Topped With Salt & Pepper Tofu	Turkey Meatballs in Arrabbiata Sauce Sweet Potato & Goats Cheese with Kale Pesto Farro Fennel & Broad Bean Salad	Roast Pork Bap with Apple & Peppers Sweet Potato Falafel Pitta Sweet Potato Wedges
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Wednesday

Kao Tom Breakfast Pot	Selection of Cereals Pastries Yoghurt & Toppings	Spiced Chicken Kaathi Rolls Lamb Kheema Kaathi Rolls Cauliflower & Chick Pea Kaathi Roll	Chicken & Bacon Caesar Salad with Poached Egg Halloumi Caesar Salad with Poached Egg	King Prawn Laksa Bowl Salt & Pepper Laksa Bowl	Toasted Spelt & Kale Salad Jerk Pork Steak Piri Piri Butternut Squash
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Thursday

Chipotle & Blackbean Breakfast Pot	Selection of Cereals Pastries Yoghurt & Toppings	Falafel Meal Box Sweet potato, Beetroot Or Classic. Falafels served on crisp, zingy and fresh Tabbouleh Topped with a choice of salsa: Warm Pungent flavours of Imiddle east carrot & Caraway Salsa,	Tikka Bhangra Burger Served with Aloo, Channa & Caju Chaat Tikka Paneer Skewer served on Flat bread with Cauliflower & Chick Pea Salad with Mint Yoghurt	Spinach & Ricotta Cannelloni Beef Cannelloni	Roasted Squash, Apple, Chilli and Burnt Pepper Salad Hand Carved honey roast Ham, Fried Eggs & Wedges Root Vege Rosti, Fried Eggs & Wedges
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Sourdough Cheese & Marmite Toasty	Selection of Cereals Pastries Yoghurt & Toppings	Ham Hock, Kale & Cheese Pancake Slow roast tomato, onion & Creme fraiche Pancake Smoked Salmon, Rocket & Creme Fraich Pancakes	Chicken & Prawn Pad Thai Crispy Tofu Pad Thai	Buttermilk DrumStick Piri Piri Squash Pitta Rainbow Slaw Charred Corn on Cob Sweet Potato Wedges
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Saturday

Full Cooked Breakfast	Selection of Cereals Pastries Yoghurt & Toppings	Bratwurst & Curried Onions In Brioche Roll Naked Sausage in Brioch with red onion chutney Saurkraut	GF House Burger & Chips House Burger & Chips Quinoa & Black Bean Burger & Chips Quinoa & Black Bean Burger & Chips GF	Feather Blade with Chipotle BBQ Glaze Slaw in Brioch BBQ Pulled Blossom with Slaw Piri Piri Chicken Thigh & Avo Brioch Bun Homemade Onion Rings	Sweet & Sour Chicken Hong Kong Style Tempura Vegetables with Sweet & Sour Sauce Fried Rice Prawn Crackers
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Sunday

Full Cooked Breakfast	Selection of Cereals Pastries Yoghurt & Toppings	Bubble & Squeak Risotto served with House Rub Chicken thigh Bubble & Squeak Risotto.	Seared Steak, Watercress & Horseradish Baguette Stuffed Portobello, Ricotta & Lemon In Brioche Sweet Mustard Slaw	Lamb Rogan Josh Sweet Potato, Cauliflower & Chick Pea Madras Basmatic Rice Poppadum	Quinoa Mangetout and Charred Broccoli Salad with Preserved Lemon with Harissa Chicken Quinoa Mangetout and Charred Broccoli Salad with Preserved Lemon with Marinated Halloumi
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