

# Park Eat

19<sup>th</sup> April

Menus are subject to change due to reduced service.

## Breakfast

## Lunch

## Dinner

Hot

Cold

Monday

Shakshouka (Baked Eggs)	Selection of Cereals Pastries Yoghurt & Toppings	Beef Fajita Sweet Potato Fajita Spiced Wedges Fresh Garden Salad	TOPPED SALAD Nicoise Salad Seared Salmon Marinated Halloumi	Chicken Yakitori Rice Bowl Char Sui Pork Collar Rice Bowl Shitake & Cashew Tori Kara Age Rice Bowl Prawn Crackers	Homemade Lamb & Mint Burger with Tzatziki Black Bean Quinoa Burger in Bun Rainbow Slaw
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Tuesday

Bacon Bap	Selection of Cereals Pastries Yoghurt & Toppings	BBQ Ribs Portobello & Halloumi Piri Jam Burger House Slaw Baked Sweet Potato	Wild Mushroom Risotto Char Grilled Squid	Catalan Lamb Stew Spanish Potato Tortilla Lentil and Pomegranate Tabbouleh Lemon Broccoli	TOPPED SALAD BlackBean,Roots, Chipotle, AvoCoriander Salad House thigh boneless House Rub Portobello Mushroom
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Wednesday

Kao Tom Breakfast Pot	Selection of Cereals Pastries Yoghurt & Toppings	Chicken Enchaladas Sweet Potato Enchalada Charred Corn Salad	Beef Lasagna Vege lasagna Fresh Garden Salad	Moo Satay - Thai Pork Satay Skewer Yakitori Chicken Skewer Salt & Pepper Crispy Tofu Fried Rice vg Chinese Leaf, Green Papaya, Bok Choi & Miso	Vegan Paella Chicken & Prawn Paella Rocket Salad
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Thursday

Chipotle & Blackbean Breakfast Pot	Selection of Cereals Pastries Yoghurt & Toppings	Lamb Moussaka House Rub Aubergine with Tzatziki Greek Side Salad	Hot Cuban Sandwich Tofu & Piri Jam Burger Mustard Seed Slaw	Chicken, Chorizo, Cannellini Bean Stew Guisado de pollo, frijoles y chorizo	Lamb Tagine, Olive & Lemon Homemade Beetroot and Squash Tagine Persian Herbed Rice Fennel Broad Bean & Pea Salad
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Friday

Sourdough Cheese & Marmite Toasty

Selection of  
Cereals  
Pastries  
Yoghurt & Toppings

Baked Goujon Wrap  
Blossom Goujon Wrap  
potato Wedges  
Peas & Beans

Sichuan Chicken with Chilli,  
Shouxing & Peanuts (Gong  
Bao)  
Sichuan Aubergine with  
Chilli, Garlic & Shaoxing (Yu  
Xiang)/Long Grain rice  
Prawn Crackers

Chicken Shashlick Chapati  
Tandoori Paneer Chapati  
Indian Chick Pea Salad

Grilled Sardines  
NW Butternut Squash, Pepper & Apricot Filo Swirl  
Cous Cous  
Fennel, Radish & Pomegranate Salad

Saturday

Full Cooked Breakfast

Selection of  
Cereals  
Pastries  
Yoghurt & Toppings

Roast Turkey Breast with  
Watercress and Cranberry  
On Sour Dough  
Feather Blade with Chipotle  
BBQ Glaze Slaw in Brioch

Beetroot Falafel Wrap  
Chipotle Meatball Sub  
potato Wedges

Flamenquin (Breaded Pork  
Escalope With Cheese &  
Pepper)  
Andalusian Flamenco Eggs  
Huevos A la Flamenca  
Patatas Bravas  
Gavardagi  
(Tomato & Walnut Salad)

Texan Beef Burrito  
Bean Burrito  
Chimi Churri Corn on Cob

Sunday

Full Cooked Breakfast

Selection of  
Cereals  
Pastries  
Yoghurt & Toppings

Roast Chicken Leg  
Slow Roasted Lamb shoulder  
Spelt Roasted Sweet Potato  
& Goats Cheese Stuffed  
Peppers  
Thyme Roasted Potato  
Savoy Cabbage

Chicken Sharwama  
Halloumi Sharwama Wrap  
Roasted Med Vegetables

TOPPED SALAD  
Chargrilled Sweet Potato &  
Polenta Salad  
Seared Sirloin  
Beetroot Falafel