

Park Eat

22<sup>nd</sup> March

Menus are subject to change due to reduced service.

Breakfast

Lunch

Dinner

Hot

Cold

Monday

Shakshouka (Baked Eggs)	Selection of	Italian Beef Meatballs with Pomodoro Sauce	Baked Sweet Potato with 2 toppings		Beef & Mushroom Fajita	Tandoori Chicken Leg
	Cereals					
	Pastries					
	Yoghurt & Toppings					
		King Prawn, Chilli & Tomato Sauce	Ragu Alla Bolognese (Mixed Meat, Tomato & Wine		Chicken & Squash Fajita	Paneer Tikka Skewer
		Tomato & Mascarpone sauce	Vegan Bolognese Sauce		Sweet Potato & Halloumi Fajita	Saag Aloo (Spinach & Potato)
		Tricolour Penne/Wholemeal	Grated Cheese Homemade Baked Bean Vegan Cheddar Cheese House Slaw		Corn on the Cob	Kachumber
		Spaghetti				
		Mixed Leaf				

Tuesday

Bacon Bap	Selection of	Bratwurst in Brioche with curried onions	<b>TOPPED SALAD</b> Burnt Pineapple, Chilli, Peanut, Chinese Leaf & Lime		Harissa & Preserved Lemon Roasted Chicken	Singgang Daging Spicy & Sour Beef Stew
	Cereals					
	Pastries					
	Yoghurt & Toppings					
		Devilleed Chicken Burger with Pickled water Melon	Feather Blade Steak		Foul Madammas (Bean Stew) Roasted Garlic & Herb Bulgur Wheat	Gulai Dalca Malay Vegetable Dhal Curry
		Naked Sausage in Brioche with red onion chutney	Panko Tofu		Shiraz Salad	Long Grain rice
		Charred Corn on the cob				

Wednesday

Kao Tom Breakfast Pot	Selection of	Spiced Lamb Shoulder Flatbread Meal	Penang Wok Fried Noodles		Jerk Pork Steak	Pesto Barley Risotto
	Cereals					
	Pastries					
	Yoghurt & Toppings					
		Homemade flatbread Beetroot Falafel on Sundried Tomato Hummus with Pomegranate Salad and Yoghurt	Garlic King Prawns		BBQ Pulled Blossom	House Boneless Chicken Thigh
			Salt & Pepper Crispy Tofu		Coconut Rice	
					Black Bean, Roots, Chipotle, Avocado Coriander Salad	
					Roasted Pumpkin & Kale	

Thursday

Chipotle & Blackbean Breakfast Pot	Selection of	Beef Lasagna	Roast Pork Belly & Stuffing Bap		Chicken Tikka Masala	<b>TOPPED SALAD</b> Quinoa Mangetout and Charred Broccoli Salad with Preserved Lemon
	Cereals					
	Pastries					
	Yoghurt & Toppings					
		Veggie lasagna	Roasted Root Vegetable Stuffing Bap		Kerala Ka Bhuna Gosht (Beef Shin & Tomato)	Seared Tuna Steak
		Fresh Garden Salad	Spiced Slaw		Chickpea, Sweet potato and Spinach Rogan Josh	Beetballs
					Basmati Rice	
					Poppadum	

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Sourdough Cheese & Marmite Toasty	Selection of Cereals Pastries Yoghurt & Toppings	Citrus Spiced Salmon with Tzatziki  Spanakopita (Greek Spinach filo pie)  Roasted Med Vegetables Sauteed Kale	Chicken & Prawn Paella  Rocket Salad		Smokey Mac Cheese  Pulled Brisket Mole  Mushroom Ragout  Rainbow Slaw	Chicken & Black Bean Noodles  Tofu & Black Bean Noodles  Steam Bok Choy
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Saturday

Full Cooked Breakfast	Selection of Cereals Pastries Yoghurt & Toppings	Flat Iron Steak Gherkin and Aioli Brioche  Portobello Mushroom & Halloumi Piri Piri Jam Brioche  Sweet Potato Wedges  House Slaw			Buffalo Chicken Drummer  Seared Pork Steak  V Sloppy Joe Cornbread  Charred Corn on the cob  Onion Rings  Charred Gem Salad
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Sunday

Full Cooked Breakfast	Selection of Cereals Pastries Yoghurt & Toppings	Roast Chicken Leg & Meat Gravy  Maple Glaze Pork Collar & Meat Gravy  Maple Roasted Carrots  Garlic Roasted News  Braised Red Cabbage	Carmalised Onion Tart & Red Onion Gravy		West African Sweet Potato, Chicken and Peanut Stew  West African Sweet Potato & Squash, Peanut Stew  Wholegrain & White rice Wilted Greens	<b>TOPPED SALAD</b> Fennel and Celery Heart Salad  House Feather Blade Chipotle Glaze  Sweet Potato Falafel
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