

Park Eat

15<sup>th</sup> March

Menus are subject to change due to reduced service.

Breakfast

Lunch

Dinner

Hot

Cold

Monday

Shakshouka (Baked Eggs)	Selection of	Brisket Mole Burrito	Mackerel Caesar Salad with Poached Egg	Zen Bowl	Beef Mole Quesadilla
	Cereals				
	Pastries				
	Yoghurt & Toppings				
		Smokey Bean Burrito	Halloumi Caesar Salad with Poached Egg	Fire Broth	Smokey Bean Quesdilla
		Chipotle Slaw		Green Broth	Popped Black Bean, Raw Roots, Chipotle, Avocado and Coriander Salad
		Corn Salad		Yakatori Chicken Skewer	
				Salt & Pepper Tofu	

Tuesday

Bacon Bap	Selection of	BBQ Braised Ribs	Topped Risotto	Lamb, Olive & Lemon Tagine	Smoked Haddock Fish cakes, wilted spinach & Poached Egg
	Cereals				
	Pastries				
	Yoghurt & Toppings				
		Homemade Black Bean Quinoa Burger	Wild Mushroom Risotto	Homemade Beetroot and Squash Tagine	Beetroot Fritter with spinach and crispy fried eggs
		House Slaw	Grilled Sardine	Roasted Garlic Bulghur Wheat	Steamed Fresh Carrots, Broccoli and Kale
		Baked Sweet Potato		Tomato & Walnut Salad	

Wednesday

Kao Tom Breakfast Pot	Selection of	<b>ST PATRICKS DAY</b>	Baked Hassel Back Jacket Potato	Guinness Braised Short Ribs, Crispy Onions	Italian Chicken Lasagna
	Cereals				
	Pastries				
	Yoghurt & Toppings				
		Ulstra Fry	BBQ Pulled Blossom	Pearl Barley Stew	Vegetarian Cannelloni
		Vegetarian Ulster Fry	Boston beans with Bacon	Colcannon	Garden Salad
			Beef Chilli	Maple Roasted Carrots	
			Chopped Salad		

Thursday

Chipotle & Blackbean Breakfast Pot	Selection of	Pork & Chorizo Meatball in Chiptole BBQ Sauce	Bhangra Balls with Tikka Sauce	Chicken Katsu Curry	Lamb Mint Burger with Tzatziki
	Cereals				
	Pastries				
	Yoghurt & Toppings				
		Sweet Potato Falafel with Salsa Verde	Sweet Potato & Cauliflower	Aubergine Katsu Curry	Piri Piri Squash Pitta
		Kolharabi & Fennel Salad	Madras	Sticky Rice	Sweet Potato Wedges
		Homemade Pitta Bread	Wild Rice	Wilted Greens	
			Poppadum		

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Sourdough Cheese & Marmite Toasty	Selection of Cereals Pastries Yoghurt & Toppings	Pan seared Seabass with caper butter Lentil Squash & Spring Green Gallette Crushed New Potatoes Courgette, Beans & Peas	Pepperoni Stromboli Tomato & Basil Stromboli	Vindaloo Pork Chickpea, Sweet Potato & Spinach Rogan Josh Jeera Pilaf Black Mustard Seed & Fennel Bhaji	Bubble & Squeak Risotto Chipotle Feather Blade
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Saturday

Full Cooked Breakfast	Selection of Cereals Pastries Yoghurt & Toppings	House Beef Burger Homemade Black Bean Quinoa Burger House Slaw	Beef & Vegetable Pasty Cheese, Potato & Onion Pasty	Grilled Lamb Chops Piri Piri Chicken Leg Chilli Baked Squash with feta Chilli Baked Squash Charred gem Salad Spicy Rice
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Sunday

Full Cooked Breakfast	Selection of Cereals Pastries Yoghurt & Toppings	Kale & Rosemary Crusted Lamb Breast & Gravy Chipotle Sweet Potatoes with Creme Fraich & Pine Nuts Spinach, Green Bean & Walnut Swede Mash	Steak & Stilton Suet Pie, Gravy Root Vegetable Tart , Gravy Roasted Sweet Potato, Carrots, Parsnips, Red Onion and Beetroots Creamy Leek Mash	Chilli Chicken Meatballs in Pomodoro Sauce Falafel with Pomodoro Sauce Spaghetti & Rocket Salad
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