

Park Eat

8th March

Menus are subject to change due to reduced service.

Breakfast

Lunch

Dinner

Hot

Cold

Monday

Shakshouka (Baked Eggs)	Selection of		TOPPED SALAD		Beef Cannelloni	Chicken, Bacon & Avocado Ciabatta
	Cereals	Lamb, Chickpea & Chorizo Pie		Nicoise Salad Citrus Spiced salmon Spiced Halloumi	Spinach & Ricotta Cannelloni	
	Pastries	Chicken & Leek pie			Ciabatta Garlic Bread	BBQ Pulled Blossom Ciabatta House Slaw
	Yoghurt & Toppings	Lentil Squash & Spring Green Galette				
		Courgette, Beans & Peas				
		Leek Mash			Rocket Salad	

Tuesday

Bacon Bap	Selection of	Turkey Meatballs with Chipotle and Tomato Sauce	Beef Fajitas	Buttermilk Brined Half Roast Chicken	TOPPED SALAD
	Cereals		Sweet Potato Fajita Meal	Vietnamese Salad	
	Pastries	Beetballs with Mushroom Ragout	Charred Corn on the cob	Vietnamese Pork Belly	
	Yoghurt & Toppings	Fresh Garden Salad		Panko Aubergine	
		Sweet Potato Mash			

Wednesday

Kao Tom Breakfast Pot	Selection of	Beef Chilli Con Carne	Pearl Barley, Mushroom & Sage Risotto		Char Sui Pork Collar Donburi Bowl	TOPPED SALAD	
	Cereals						
	Pastries						
	Yoghurt & Toppings						
		Smokey Bean Chilli	Grilled Chicken Breast		Toasted Spelt & Kale Salad		
		Arroz Verde Rice	Fresh Garden Salad		Seared Flat Iron Steak		
		Guacamole/Sour Cream			Piri Piri Butternut Squash		

Thursday

Chipotle & Blackbean Breakfast Pot	Selection of	Piri Chicken Thigh Bone in	TOPPED SALAD	Beef Madras	Seafood Paella	
	Cereals					
	Pastries	Piri Piri Squash Pitta		Cayenne Roasted Cauliflower and Kale Salad	Cauliflower & Chickpea	Ensalada Al Gazpacho (Gazpacho Salad)
	Yoghurt & Toppings	Spicy Rice		Glazed Pork Shoulder steak	Massala	
		Fried Cayenne Mixed Beans	Halloumi and Squash Za'atar Skewer	Basmati Rice		
				Poppadum		

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Sourdough Cheese & Marmite Toasty	Selection of Cereals Pastries Yoghurt & Toppings	Baked Breaded Pollack Goujons & Tartare Sauce Blossom Goujon Wrap Mexican Potato Wedges Peas & Beans	Falafel Box Meal	Homemade Thai Chicken Panang Geng Gwio Kaeng Liang: Thai Green Vegetable Sticky Rice Stir Fried Bok Choy	Spaghetti Bolognese Ratatouille Wholemeal Fusilli Italian Leaf Salad
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Saturday

Full Cooked Breakfast	Selection of Cereals Pastries Yoghurt & Toppings	Roast Turkey Breast with Watercress and Cranberry On Sour Dough Feather Blade with Chipotole BBQ Glaze Slaw in Brioch	Chipotle Meatball Marinara Hoagie Homemade Tofu & Piri Piri Jam Vegan Burger Mexican Potato Wedges	Rump steak meal Cauliflower Steak meal	Chicken Shashlick Chapati Tandoori Paneer Chapati Aloo, Channa & Caju Chaat (Turmeric Potato, Chickpea & Cashew)
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Sunday

Full Cooked Breakfast	Selection of Cereals Pastries Yoghurt & Toppings	Slow Roasted Lamb Shoulder Roast Chicken Leg Spelt Roasted Sweet Potato & Goats Cheese Stuffed Peppers Thyme Roasted Potato Savoy Cabbage Meat Gravy	Moroccan Pork Shoulder, Coconut & Borlotti Baharat Cauliflower and Aubergine Skewer Cous Cous Spinach, Peas & Beans	TOPPED SALAD Chinese Leaf, Green Papaya, Bok Choi & Miso Teriyaki Salmon Miso, Black Sesame Tofu
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