

Park Eat

1st March

Menus are subject to change due to reduced service.

Breakfast

Lunch

Dinner

Hot

Cold

Monday

Shakshouka (Baked Eggs)	Selection of Cereals Pastries Yoghurt & Toppings	Pork & Beef Meatball Arrabbiata (Tomato, Garlic, Chilli & Olive Oil) Salmon & Broccoli Sauce Wholemeal Penne Tricolour Penne Fresh Garden Salad		Chicken & Leek Pie Cumberland Sausage Carmalised Onion Tart Leek Mash & Savoy Cabbage	TOPPED SALAD Panzanella Salad Oat Meal Fried Sardines Falafel
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Tuesday

Bacon Bap	Selection of Cereals Pastries Yoghurt & Toppings	Seared Steak Baguette with Watercress & Horseradish Beetroot Falafel Wrap Seared Salmon & Avocado Salsa House Slaw	TOPPED SALAD Roast Cauliflower and Caper Salad Shichimi Pork & Sesame Beetroot Fritters	Texan Beef Taco Sweet Potato Taco Courgette, Mint & Tomato Salad	Thai Green Chicken Curry Thai Red Tofu & Vegetable Curry Wholegrain & White rice Stir Fried Bok Choy
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Wednesday

Kao Tom Breakfast Pot	Selection of Cereals Pastries Yoghurt & Toppings	Etlı (Turkish Beef Kofte) Halloumi and Squash Zaatar Skewer Turkish Brown Rice & Avocado with Saffron Yoghurt Roasted Onion & Walnut Salad	BIG PAN Bacon, Kale & Barley Risotto Rocket Salad	Smoked Mac N Cheese Pulled Brisket Mole Ratatouille Wilted Greens	TOPPED SALAD Indian Chickpea Salad Tandoori Mackerel Tandoori Paneer
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Thursday

Chipotle & Blackbean Breakfast Pot	Selection of Cereals Pastries Yoghurt & Toppings	Lamb Moussaka House Rub Aubergine with Tzatziki Greek Side Salad	Hot Cuban Sandwich Tofu & Piri Jam Burger Chipotle Slaw	Uppakari (Slow Cooked Lamb Shoulder, Yellow Split Peas & Tomato) Squash & Chick Pea Masala Basmati Rice Poppadum	Piri Chicken Thigh Bone in Spinach & Chickpea (Espinacas Con Garbonzas) Bejewelled Rice Charred Corn on the cob
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Sourdough Cheese & Marmite Toasty	Selection of Cereals Pastries Yoghurt & Toppings	Cajun Pollock and Black Eye Beans Spicy Cheese & Bean Burrito Sweet Potato Wedges	TOPPED SALAD Celeriac, Barley and Smoked Cheddar Salad House Chicken Thigh Boneless House Rub Portobello Mushroom	Pork & Chorizo Meatball with Chipotle and Tomato Sauce Turkey Meatballs with Pomodoro Sauce Beetballs Vegan with Pomodoro Sauce Cous cous Fresh Garden Salad	TOPPED SALAD Quinoa Roasted Tomato, Mint & Feta Salad Char Grilled Squid Sweet Potato Falafel
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Saturday

Full Cooked Breakfast	Selection of Cereals Pastries Yoghurt & Toppings	Tikka Bhangra Burger Meal BBQ Pulled Pork Ciabatta Pulled BBQ Banana Blossom Brioche Mixed Wedges		Chicken Sharwama Halloumi Sharwama Wrap Roasted Med Vegetables	Flamenquin (Breaded Pork Escalope With Cheese & Pepper) Andalusian Flamenco Eggs (Huevos A la Flamenca) Patatas Bravas Gavardagi (Tomato & Walnut Salad)
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Sunday

Full Cooked Breakfast	Selection of Cereals Pastries Yoghurt & Toppings	Rare Roast Beef & Yorkshire Puddings Horseradish Sauce Meat Gravy Caramalised Onion Tart Thyme Roasted Potato Savoy Cabbage/Maple Roasted Carrots		Chicken Chilli Men (Chicken Stirfry, Pepper, Bok Choi, Sriracha) Vegetable Chilli Men (Mushroom Stirfry, Pepper, Baby Corn, Peanut, Sriracha) Sweet Chilli Noodles Prawn Crackers	TOPPED SALAD Quinoa Roasted Tomato, Mint & Feta Salad Chicken Harissa Skewer Piri Piri Butternut Squash
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