

Park Eat

22<sup>nd</sup> February

Menus are subject to change due to reduced service.

Breakfast

Lunch

Dinner

Hot

Cold

Monday

Shakshouka (Baked Eggs)	Selection of Cereals Pastries Yoghurt & Toppings	Italian Beef Meatball with Pomodoro sauce  Green Chilli Chicken Balls in a Coconut Curry Sauce with Basmati rice	Mushroom Ragout  Wholemeal Fusilli  Rocket Salad		Lamb Tagine, Olive & Lemon Falafel Wrap  Persian Herbed Rice  Cumin Roasted Carrots	Nicoise Salad with Lemon Vinaigrette  Topped with  Seared Salmon  Marinated Halloumi
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Tuesday

Bacon Bap	Selection of Cereals Pastries Yoghurt & Toppings	<b>JACKET BAR</b>  Baked Sweet Potato two toppings  Texan Beef Brisket  Vegan Chilli Con Carne  Grated Cheese			Beef Fajita  Sweet Potato Fajita  Mixed Wedges  Fresh Garden Salad	Paella, Chicken, Prawn & Chorizo  Italian Leaf Salad
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Wednesday

Kao Tom Breakfast Pot	Selection of Cereals Pastries Yoghurt & Toppings	Pork & Beef Meatball served in a Ciabatta with Pesto Calabrese  Black Bean Quinoa Burger in Bun  Mixed Wedges	<b>HOT TOPPED SALAD</b>  Mediterranean Vegetable Salad  Topped with  Char Grilled Squid  Falafel		Chicken Bhangra skewer served with homemade Chapati  Kadai Paneer Chapati	Moroccan Pork Shoulder Steak  Moroccan Halloumi  Tabbouleh  Shiraz Salad
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Thursday

Chipotle & Blackbean Breakfast Pot	Selection of Cereals Pastries Yoghurt & Toppings	Albongias (Lamb Meatballs) served on a Homemade Flatbread  House Rub Butternut Squash Patatas Bravas	Vietnamese Salad  Five Spice Honey and Soy Mackerel  Panko Tofu		Beef Lasagna  Vegan Ratatouille Pasta Bake Sauteed Kale with Garlic & Lemon  Garlic Pizza Bread	Yakitori Chicken  Tofu Cha Han (Tofu Stirfry, Yakitori, Mushroom, Egg, Green Bean, Corn)  Plain Chow Mein  Prawn Crackers
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Breakfast		Lunch		Dinner	
Hot	Cold				
Friday	Sourdough Cheese & Marmite Toasty	Selection of Cereals	Fish cakes with Hollandaise Sauce	Steak & Stilton Pie	<b>BIG PAN</b> Bubble & Squeak Risotto
		Pastries	Blossom Goujon Wrap	Carmalised Onion Tart	Roast Chicken Breast
		Yoghurt & Toppings	Roasted Squash & Beets	Sweet Potato Wedges	House Rub Aubergine
			Peas & Beans	Spinach, Peas & Beans	
Saturday	Full Cooked Breakfast	Selection of Cereals	Uni Beef Burger	Sis Kebab (Turkish Lamb Kebab) with Pitta Bread	Honey Roast Gammon
		Pastries	Black Bean Quinoa Burger in Bun	Baharat Cauliflower and Aubergine Skewer	House Rub Portobello Mushroom
		Yoghurt & Toppings	House Thigh Burger	Kisir (Turkish Bulgur Salad)	
			Spiced Winter Slaw	Warm Danish Potato Salad	
				Mixed Leaf	
Sunday	Full Cooked Breakfast	Selection of Cereals	Roasted Lamb Breast	Beef Massaman	House Thigh Slider
		Pastries	Root Vegetable Tart	Thai Red Tofu & Vegetable Curry	Black Bean Sliders
		Yoghurt & Toppings	Garlic Roasted News	Long Grain rice	Rainbow slaw
			Wilted Greens	Steam Bok Choy	
			Cumin Roasted Carrots		