## **Park Eat** 1<sup>st</sup> February

1 <sup>st</sup> February  Menus are subject  to change due to  reduced service.	Breakfast —		Lunch			Dinner		
	Hot	Cold	Pizza	Kitchen	Pan Asian	Pizza	Kitchen	Pan Asian
Monday	Shakshouka (Baked Eggs)	Selection of Cereals Pastries Yoghurt & Toppings	Tuna Pasta Bake Arrabbiata Pasta Bake Selection of Pizzas	PASTA BAR  Ragu Alla Bolognese (Mixed Meat, Tomato & Wine)  Vegan Bolognese  Turkey Meatballs & Pomodro Sauce  Spaghetti, Farfalle Pasta  Garlic Pizza Bread Slices	Ramen & Noodles  Chicken Tori Kara Age  Panko Tofu  Personalisation station	Tuna Pasta Bake Arrabbiata Pasta Bake Selection of Pizzas	HOT TOPPED SALAD Seared Salmon or Moroccan Halloumi with Quinoa Mangetout and Charred Broccoli Salad with Preserved Lemon  Chicken Yakitori Rice Bowl or Char Sui Pork Collar Rice Bowl or Shitake & Cashew Tori Kara Age Rice Bowl Goi Tod Dta- Krai (Chicken Wings with lemon Grass) with Prawn Crackers	Ramen & Noodles  Chicken Tori Kara Age  Panko Tofu  Personalisation station
Tuesday	Bacon Bap	Selection of Cereals Pastries Yoghurt & Toppings	Tuna Pasta Bake Arrabbiata Pasta Bake Selection of Pizzas	Hassel Back Bakes Potatoes Grated Cheese, Vegan Cheese Chicken & Chorizo stew, Mississipi Beef, Homemade Beans with Winter Slaw  Chicken Caesar Salad with Poached Egg  Halloumi Caeser Salad with Poached Egg	Ramen & Noodles  Roasted Pork Belly  Roasted Squash  Personalisation station	Tuna Pasta Bake Arrabbiata Pasta Bake Selection of Pizzas	INDIAN BAR  Lamb & Yellow Split Pea (Uppakari) Kerala Ka Bhuna Gosht (Beef & Tomato)  Chickpea, Sweet potato and Spinach Rogan Josh  Aloo Gobi Basmati Rice Kale Onion Bhaji	Ramen & Noodles  Roasted Pork Belly  Roasted Squash  Personalisation station
Wednesday	Kao Tom Breakfast Pot	Selection of Cereals Pastries Yoghurt & Toppings	Italian Chicken Pasta Bake Tomato & Basil Pasta Bake Selection of Pizzas	Bratwurst in Buttermilk Roll with curried onions  Devilled Chicken Burger with Pickled water Melon  Naked Sausage in Brioche with Red Onion Chutney  Charred Corn	Ramen & Noodles  Miso, Black Sesame & Schichimi Chicken  Teriyaki Tofu  Personalisation station	Italian Chicken Pasta Bake Tomato & Basil Pasta Bake Selection of Pizzas	BALLS BAR  Wasabi Salmon Sesame Balls Citrus Dipping  Lamb & Olive Meatballs & Pomodoro  Sweet Potato Falafel & Roasted Tomato & Chilli Salsa with Spicy Rice, Farro or Cous Cous and Peashoot Salad	Ramen & Noodles  Miso, Black Sesame & Schichimi Chicken  Teriyaki Tofu  Personalisation station
Thursday	Chipotle & Blackbean Breakfast Pot	Selection of Cereals Pastries Yoghurt & Toppings	Italian Chicken Pasta Bake Tomato & Basil Pasta Bake Selection of Pizzas	PASTA BAR Kale Pesto Sundried Tomato Pesto Garlic & Chive Pesto with Linguine or Penne and Rocket Salad Piri Piri Chicken Thigh Piri Piri Roasted Squash Pitta	Ramen & Noodles  Steak  Miso Black Sesame Tofu  Personalisation station	Italian Chicken Pasta Bake Tomato & Basil Pasta Bake Selection of Pizzas	STREET FOOD FALAFEL BOWLS Sweet potato, Beetroot Or Classic Falafels on Lentil Tabbouleh Roasted Tomato & Chilli or Caraway Salsa  Spiced Shoulder of Lamb Flatbread, hummus, Pickled Cabbage	Ramen & Noodles  Steak  Miso Black Sesame Tofu  Personalisation station

Spicy Rice & Wilted Greens

Morrocan Halloumi on Sundried Tomato Flatbread Hummus with Pomegranate Salad and Yoghurt

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	Hot	Cold	Pizza	Kitchen	Pan Asian	Pizza	Kitchen	Pan Asian
	Sourdough Cheese &	Selection of	Bolognese Pasta Bake	Chicken Quesadilla	Ramen & Noodles	Bolognese Pasta Bake	TACO BAR	Ramen & Noodles
	Marmite Toasty	Cereals	4 Cheese Pasta Bake	Smokey Bean Quesadilla	Teriyaki Chicken	4 Cheese Pasta Bake	Mississippi Roast Beef with Blackend Spring Onion	Teriyaki Chicken
		Pastries	Selection of Pizzas	Pulled Beef Mole Quesadilla	Crispy Fried Egg	Selection of Pizzas	Cream Roasted Squash Chorizo &	Crispy Fried Egg
iday		Yoghurt & Toppings		Sweetcorn, Black Bean & Avocado Salad	Personalisation station		Pink Onion Taco Harrisa Roasted Aubergine, Pomegranate, Pistachio and Yoghurt Taco Wild Mushroom, White Bean Puree, Truffle, Parsley and Garlic Taco with Charred Corn Salad and Sweet Potato Wedges	Personalisation station
	Full Cooked Breakfast	Selection of	Bolognese Pasta Bake	Mississipi Beef Ciabatta	Ramen & Noodles	Bolognese Pasta Bake	Flat Iron Steak	Ramen & Noodles
		Cereals	4 Cheese Pasta Bake	Falafel Wrap	Char Grilled Squid	4 Cheese Pasta Bake	Whole Roasted Cauliflower,	Char Grilled Squid
		Pastries	Selection of Pizzas	Tikka Bhangra Burger	Crispy Aubergine	Selection of Pizzas	Cheese & Onion Wedge  Mac n Cheese	Crispy Aubergine
aturday		Yoghurt & Toppings			Personalisation station		Charred Gem Salad	Personalisation station
							HOT TOPPED SALAD Vietnamese Salad	
							Garlic King Prawns or Salt & Pepper Crispy Tofu	
	Full Cooked Breakfast	Selection of	King Prawn Pasta Bake	Rare Roast Beef & Yorkshire	Ramen & Noodles	King Prawn Pasta Bake	Lamb & Olives Tagine	Ramen & Noodles
		Cereals	Ratatouille Pasta Bake LNF	Pudding & Gravy	Chinese pork shoulder	Ratatouille Pasta Bake LNF	Ful Madammas (Bean Stew)	Chinese pork shoulder
		Pastries	Selection of Pizzas	Root Vegetable Tart & Gravy	House Rub Portobello	Selection of Pizzas	Tomato Bulgur Wheat	House Rub Portobello
nday		Yoghurt & Toppings		Savoy Cabbage  Celeraic Daulphinose	Mushroom  Personalisation station		Kohlrabi and Fennel Salad	Mushroom
Juliuay				Cumin Carrots	Personalisation station		Florentine Fish Pie	Personalisation station
				Curini Carrots			Butternut Squash, Pepper & Apricot Filo Swirl	
							Steamed Vegetables	