

# Park Eat

18<sup>th</sup> January

Menus are subject to change due to reduced service.

## Breakfast

## Lunch

## Dinner

### Hot

### Cold

### Pizza

### Kitchen

### Pan Asian

### Pizza

### Kitchen

### Pan Asian

## Monday

Shakshouka (Baked Eggs)	Selection of Cereals Pastries Yoghurt & Toppings	King Prawn Pasta Bake Ratatouille Pasta Bake Selection of Pizzas	<b>BAHN MI</b> Chicken Bahn Mi or Tofu Bahn Mi <b>HOT TOPPED SALAD</b> Grilled Sardines Crispy Poached Egg Celeriac, Barley and Smoked Cheddar Salad	<b>Ramen &amp; Noodles</b> Chicken Tori Kara Age Panko Tofu Personalisation station	King Prawn Pasta Bake Ratatouille Pasta Bake Selection of Pizzas	<b>PIRI BAR</b> Piri Piri Chicken Leg Portobello & Halloumi Piri Jam Burger Piri Piri Squash Pitta with Spicy Rice, House Slaw, Garlic Bread Piri Piri Wings	<b>Ramen &amp; Noodles</b> Chicken Tori Kara Age Panko Tofu Personalisation station
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## Tuesday

Bacon Bap	Selection of Cereals Pastries Yoghurt & Toppings	Pancetta Pasta Bake Mushroom Ragout Pasta Bake Selection of Pizzas	<b>STROMBOLI</b> Pepperoni Stromboli Tomato & Basil Stromboli <b>TOPPED SALAD</b> Seared Tuna Marinated Halloumi Nicoise Salad	<b>Ramen &amp; Noodles</b> Grilled Chicken Breast Roasted Squash Personalisation station	Pancetta Pasta Bake Mushroom Ragout Pasta Bake Selection of Pizzas	Thai Green Chicken Curry Tofu & Shitaki Yellow Thai Curry Basmati Rice & Pak Choi Seared Lamb Chops & Gravy Cauliflower steak & Cashew Nut Hollandaise Broccolini, Roasted Onions, Celeriac Dauphinoise	<b>Ramen &amp; Noodles</b> Grilled Chicken Breast Roasted Squash Personalisation station
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## Wednesday

Kao Tom Breakfast Pot	Selection of Cereals Pastries Yoghurt & Toppings	Pancetta Pasta Bake Mushroom Ragout Pasta Bake Selection of Pizzas	Chicken Harissa Skewer Halloumi and Squash Zaatar Skewer Puy Lentil & Quinoa Salad with Lemon & Sumac Mango, Pumpkin & Chilli Salsa Steak, Onion & Cheese Baguette or BBQ Pulled Bloom Melt Baguette	<b>Ramen &amp; Noodles</b> Miso, Black Sesame & Schichimi Chicken Teriyaki Tofu Personalisation station	Pancetta Pasta Bake Mushroom Ragout Pasta Bake Selection of Pizzas	Chicken Parmigiana Aubergine Parmigiana Spaghetti Pomodoro Beef Madras Squash & Chick Pea Masala Basmati Rice Tarka Dhal Garlic Naan	<b>Ramen &amp; Noodles</b> Miso, Black Sesame & Schichimi Chicken Teriyaki Tofu Personalisation station
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## Thursday

Chipotle & Blackbean Breakfast Pot	Selection of Cereals Pastries Yoghurt & Toppings	Italian Chicken Pasta Bake Tomato & Basil Pasta Bake Selection of Pizzas	Lamb & Olive Meatballs with Roast Tomato and Chilli Salsa or Sweet Potato & Goats Cheese Balls with Roast Tomato and Chilli Salsa with Pickled Cabbage, Tabbouleh <b>PASTA BAR</b> Pancetta & Tomato or Artichoke sauce Linguine, Penne & Garlic Pizza Bread	<b>Ramen &amp; Noodles</b> Seared Tuna Steak Miso, Black Sesame Tofu Personalisation station	Italian Chicken Pasta Bake Tomato & Basil Pasta Bake Selection of Pizzas	Roast Chicken Leg Whole Roasted Cauliflower, Cheese & Onion Roasted Garlic News Sauteed Kale with Garlic & Lemon <b>BIG PAN</b> Seafood Paella	<b>Ramen &amp; Noodles</b> Seared Tuna Steak Miso, Black Sesame Tofu Personalisation station
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## Friday

Sourdough Cheese & Marmite Toasty	Selection of Cereals Pastries Yoghurt & Toppings	Chicken Pesto Pasta Bake VG Bolognese Pasta Bake Selection of Pizzas	Pan Seared Seabass with caper butter Lentil Squash & Spring Green Galette Crushed New Potatoes Courgette, Beans & Spinach	<b>Ramen &amp; Noodles</b> Shichimi Pork & Sesame Crispy Fried Egg Personalisation station	Chicken Pesto Pasta Bake VG Bolognese Pasta Bake Selection of Pizzas	House Beef Burger Chicken Tikka Bhangra Burger Sweet potato & Black Bean, Avocado Burger Spiced Wedges Chipotle Slaw	<b>Ramen &amp; Noodles</b> Shichimi Pork & Sesame Crispy Fried Egg Personalisation station
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## Saturday

Full Cooked Breakfast	Selection of Cereals Pastries Yoghurt & Toppings	Bolognese Pasta Bake Tomato & Mascarpone Pasta Bake Selection of Pizzas	Hot Topped Wedges Sweet Potato Wedges Texan Beef BBQ Pulled Blossom Bean Chilli Cheese	<b>Ramen &amp; Noodles</b> Char Grilled Squid Crispy Aubergine Personalisation station	Bolognese Pasta Bake Tomato & Mascarpone Pasta Bake Selection of Pizzas	<b>KEBAB BAR</b> Sis Kebab (Turkish Lamb Kebab) Chicken Harissa Skewer Halloumi and Squash Zaatar Skewer Pitta Breads or Flatbread with Pickled Cabbage, Iceberg, Tomato, Cucumber & Carrot, Jalapenos Chose: Tzatziki, Chipotle BBQ Sauce	<b>Ramen &amp; Noodles</b> Char Grilled Squid Crispy Aubergine Personalisation station
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## Sunday

Full Cooked Breakfast	Selection of Cereals Pastries Yoghurt & Toppings	Bolognese Pasta Bake Tomato & Mascarpone Pasta Bake Selection of Pizzas	Bubble & Squeak Risotto Lamb Breast Marinated Halloumi Hog Bap with stuffing & Apple Sauce Roasted Root Vegetable, stuffing Bap	<b>Ramen &amp; Noodles</b> Chinese pork shoulder House Rub Portobello Mushroom Personalisation station	Bolognese Pasta Bake Tomato & Mascarpone Pasta Bake Selection of Pizzas	Beef & Black Bean or Tempura Vegetables with Sweet & Sour Sauce with Egg Fried Rice Citrus Spiced Salmon with Tzatziki House Rub Aubergine with Tzatziki Puy Lentil & Quinoa Salad with Lemon & Sumac	<b>Ramen &amp; Noodles</b> Chinese pork shoulder House Rub Portobello Mushroom Personalisation station
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