

Breakfast

Lunch

Dinner

Hot

Cold

Pizza

Kitchen

Pan Asian

Pizza

Kitchen

Pan Asian

Monday

Selection of
Cereals
Pastries
Yoghurt & Toppings

Bolognese Pasta Bake
Ratatouille Pasta Bake
Selection of Pizzas

Street Food Falafel Bowls
Cumin & Coriander Falafel bowl, choice of Sweet potato, Beetroot or Classic
Served on fresh Tabbouleh with either Middle East carrot & Caraway Salsa or Citrus salsa or Pomegranate Molasses and Walnut salsa

Pasta Bar
Wholemeal or white pasta with Traditional Arrabbiata or Amatriciana (Pancetta & Tomato) or Rich Bolognese
Served with Italian Leaf Salad

Ramen & Noodles
King Prawns
Teriyaki Chicken
Honey & Soy Tofu
Personalisation station

Bolognese Pasta Bake
Ratatouille Pasta Bake
Selection of Pizzas

Chicken Tikka Bhangra Burger with Indian Style potato salad
Tikka Paneer Skewer Chapati with refreshing Indian salad
UoR Rump Steak with Sweet Potato wedges & house slaw
Caramelised Cauliflower steak with Sweet Potato wedges & house slaw

Ramen & Noodles
King Prawns
Roasted Pork Belly
Crispy Tofu
Personalisation station

Tuesday

Selection of
Cereals
Pastries
Yoghurt & Toppings

Bolognese Pasta Bake
Ratatouille Pasta Bake
Selection of Pizzas

Banh Mi Sandwich
Slow cooked Vietnamese Pork Belly with pickled raw vegetables and coriander
Soy Egg Omelette with pickled raw vegetables and coriander
Panzanella Salads
topped with Halloumi or Chargrilled Chicken

Ramen & Noodles
Teriyaki Salmon
Feather Blade Beef
Teriyaki Tofu
Personalisation station

Bolognese Pasta Bake
Ratatouille Pasta Bake
Selection of Pizzas

Taco Bar
Roasted Squash & Chorizo with Garlic salsa & marinated Onions
Wild Mushrooms with a Butter bean puree & marinated crispy Onions.
Harrisa Roasted Aubergine Soft taco with Hummus
Chicken or Aubergine Katsu Curry with sticky Rice & salad

Ramen & Noodles
Teriyaki Salmon
Feather Blade Beef
Teriyaki Tofu
Personalisation station

Wednesday

Selection of
Cereals
Pastries
Yoghurt & Toppings

Pollo Pesto Pasta Bake
Tomato & Mascarpone Pasta Bake
Selection of Pizzas

Burger Bar
UoR Beef or Black Bean & Quinoa pattie with house slaw
House rub Chicken breast or Butternut Squash with Tabbouleh & Chimi Churi Corn on the Cob

Ramen & Noodles
Salmon
Char Sui Pork Collar
Miso Tofu
Personalisation station

Pollo Pesto Pasta Bake
Tomato & Mascarpone Pasta Bake
Selection of Pizzas

Hot Topped Salad
Slow cooked Lamb breast or Cauliflower & crispy Onion with Quinoa, roasted Tomato, Mint & Feta salad or baby Potato, Tomato & Egg salad
Kerala Ka Bhuna Gosht
Chickpea, Sweet Potato & Spinach Rogan Josh
Massala Cauliflower & Jeera Pilaf Rice

Ramen & Noodles
Salmon
Char Sui Pork Collar
Miso Tofu
Personalisation station

Thursday

Selection of
Cereals
Pastries
Yoghurt & Toppings

Pollo Pesto Pasta Bake
Tomato & Mascarpone Pasta Bake
Selection of Pizzas

Burrito Bar
Arroz Verde Rice, Pulled Brisket Mole, Smokey Bean Chilli with Spinach, Chilli Salsa, Pico De Gallo salsa & Courgette. Mint & Tomato salad
Baked Jacket Potato
a choice of two toppings
Homemade Boston Beans, Rich Ratatouille, Tuna Mayo, Mature Cheddar Cheese, house slaw with Beetroot & Maple salad

Ramen & Noodles
Seared Steak
Yakitori Chicken
Crispy Tofu
Personalisation station

Pollo Pesto Pasta Bake
Tomato & Mascarpone Pasta Bake
Selection of Pizzas

Middle Eastern
Lebanese Marinated Halloumi or Chicken Thighs with Yoghurt, pickled Cabbage, salad in Khobez Bread with Fennel & Radish salad
British
Honey Roast Gammon or Root Vegetable Rosti with sweet Potato wedges & fried Egg with roasted Onion & Walnut salad

Ramen & Noodles
Seared Steak
Yakitori Chicken
Crispy Tofu
Personalisation station

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Friday

Selection of
Cereals
Pastries
Yoghurt & Toppings

King Prawn Pasta Bake
Four Cheese Pasta Bake
Selection of Pizzas

Topped Salad
Char-grilled Sweet Potato & Polenta with leaf & herbs and lemon dressing topped with Glazed Pork Shoulder or Polenta spiced Egg

Mac Cheese Bar
Smoked Mac 'n' Cheese Topped with Bolognese or Ratatouille served with garden salad

Ramen & Noodles
Salmon
Honey & Soy Tofu
Miso, Black Sesame & Shichimi Chicken
Personalisation station

King Prawn Pasta Bake
Four Cheese Pasta Bake
Selection of Pizzas

Italian
Rich Beef Lasagna Parmigiana Di Melanzane (Aubergine Parmigiana)
with Mediterranean salad & crispy Ciabatta Garlic Bread

Mediterranean
Citrus Spiced Salmon or Homemade Beetroot & Squash Tagine with Pearl barley and toasted walnuts in a pomegranate dressing

Ramen & Noodles
Salmon
Honey & Soy Tofu
Miso, Black Sesame & Shichimi Chicken
Personalisation station

Saturday

Full Cooked Breakfast

Selection of
Cereals
Pastries
Yoghurt & Toppings

King Prawn Pasta Bake
Four Cheese Pasta Bake
Selection of Pizzas

Hot Sandwiches
Moroccan Halloumi, Roasted Pepper & Pesto Ciabatta
Chicken, Bacon & Avocado Ciabatta

Ramen & Noodles
Roasted Pork Belly
Char Grilled Chicken
Teriyaki Tofu
Personalisation station

King Prawn Pasta Bake
Four Cheese Pasta Bake
Selection of Pizzas

Tapas Choose three
Melon, Cucumber&Feta salad
Lamb & Pork meatballs
Char grilled Lemon Squid
Crab & Prawn Croquettes
Garlic Mushroom Toast
Roasted Vegetable Frittata
Patatas Bravas

Ramen & Noodles
Roasted Pork Belly
Char Grilled Chicken
Teriyaki Tofu
Personalisation station

Sunday

Full Cooked Breakfast

Selection of
Cereals
Pastries
Yoghurt & Toppings

Pancetta Pasta Bake
Vegan Ratatouille Pasta Bake
Selection of Pizzas

Traditional
Bubble & Squeak Risotto
Char Grilled Chicken Topper
Butterfield Prawn

Hot Baguette
Seared Steak Baguette with Watercress & Horseradish

Falafel Baguette

Ramen & Noodles
Char grilled Squid
Chinese pork shoulder
Crispy Tofu
Personalisation station

Pancetta Pasta Bake
Vegan Ratatouille Pasta Bake
Selection of Pizzas

Pan Asian
Homemade Chinese steamed bun with either Char Sui Pork, Fried Tofu, Miso Chicken with pickled Mooli, Carrot, Spring Onion slaw

Beef Panage or Thai Green Vegetable Curry
with sticky Rice & Mango, Carrot & Mint salad

Ramen & Noodles
Char grilled Squid
Chinese pork shoulder
Crispy Tofu
Personalisation station