Park Eat	Breakfast —		Lunch			] [	
	Hot	Cold	Pizza	Kitchen	Pan Asian	Pizza	k
Monday		Selection of Cereals Pastries Yoghurt & Toppings	Pancetta Pasta Bake Vegan Ratatouille Pasta Bake Selection of Pizzas	Topped Wedges Sweet Potato Wedges topped with Texan BBQ Brisket or BBQ Pulled Blossom or Bean Chilli and Grated Cheese with spicy Slaw & crispy Onions Mexican Chicken Enchiladas or Sweet Potato Enchiladas with Garden Salad	Ramen & Noodles King Prawns Teriyaki Chicken Honey & Soy Tofu Personalisation station	Pancetta Pasta Bake Vegan Ratatouille Pasta Bake Selection of Pizzas	C B H S G C C C R M
Tuesday		Selection of Cereals Pastries Yoghurt & Toppings	Tuna Pasta Bake Arrabbiata Pasta Bake Selection of Pizzas	Beef Lasagna or Four Cheese & Spinach Fusilli with Garlic Ciabatta & Courgette, Mint & Tomato Salad Topped Salad Mediterranean Vegetable Salad topped with Jerk Pork Steak or Sweet Potato Falafel	Ramen & Noodles Teriyaki Salmon Feather Blade Beef Teriyaki Tofu Personalisation station	Tuna Pasta Bake Arrabbiata Pasta Bake Selection of Pizzas	BI Bi Pi W Tc Si Si Si V Ve
Wednesday		Selection of Cereals Pastries Yoghurt & Toppings	Tuna Pasta Bake Arrabbiata Pasta Bake Selection of Pizzas	Bahn Mi Pork Belly or Crispy Tofu in a sourdough baguette with pickled raw vegetables with Chilli sauce & Chinese leaf salad. JACKET BAR Lightly Seasoned Sweet Potato Baked Potato with a choice of 2 toppings Ratatouilli, Chicken Fajita, Baked Beans, Cheese, Vegan Cheese, Tuna Mayo & Rainbow Slaw	Ramen & Noodles Butterflied Prawn Char Sui Pork Collar Miso Tofu Personalisation station	Tuna Pasta Bake Arrabbiata Pasta Bake Selection of Pizzas	M OI G W T R R S S S
Thursday		Selection of Cereals Pastries Yoghurt & Toppings	Bolognese Pasta Bake Tomato & Mascarpone Pasta Bake Selection of Pizzas	Piri Piri Chicken Thigh Pitta or Piri Piri Roasted Squash Pitta with Spicy Rice & Wilted Greens <b>Topped Salad</b> Panzanella Salad topped with Grilled Chicken Breast or Roasted Butternut Squash	Ramen & Noodles Seared Steak Yakitori Chicken Crispy Tofu Personalisation station	Bolognese Pasta Bake Tomato & Mascarpone Pasta Bake Selection of Pizzas	Si o Si in o R C

### Dinner

## Kitchen

Chicken, Chorizo, Cannellini Bean Stew

Homemade Beetroot and Squash Tagine

Homemade Flatbread, Fennel Broad Bean Salad

**Topped Salad** Celeriac, Barley and Smoked Cheddar Salad topped with Rare Roast Beef or Marinated Halloumi

BBQ Pulled Pork Topped Beef Burger or Tofu & Kale burger with Piri Piri Jam with Char Grilled Avocado & Tomato Salad

Chinese Sweet & Sour Chicken or Tempura Vegetables with Sweet & Sour Sauce with Egg Fried Rice & Stir fried Vegetable & Prawn Crackers

## Pan Asian

### Ramen & Noodles

King Prawns

Teriyaki Chicken

Honey & Soy Tofu

Personalisation station

### Ramen & Noodles

Teriyaki Salmon

Feather Blade Beef

Teriyaki Tofu

Personalisation station

#### Meatloaf Trencher or Lentil Squash & Spring Green

Gallette with Spinach, Pea & Beans

**Topped Salad** Roasted Beetroot and Maple Salad with Maple Glazed Pork Collar or Polenta Egg Ramen & Noodles

**Butterflied Prawn** 

Char Sui Pork Collar

Miso Tofu

Personalisation station

Spiced King Prawn Linguine or Vegetarian Cannelloni with Roasted Onion & Walnut Salad & Garlic Ciabatta

Scandinavian Style Meatballs in a Cream Sauce or Beetballs with Mushroom Ragout

with Celeriac Mash, Savoy Cabbage Ramen & Noodles
Seared Steak
Yakitori Chicken
Crispy Tofu

Personalisation station

<b>Park Eat</b> 19 <sup>th</sup> October	Breakfast		Lunch			]	
	Hot	Cold	Pizza	Kitchen	Pan Asian	Pizza	K
Friday		Selection of Cereals Pastries Yoghurt & Toppings	Bolognese Pasta Bake Tomato & Mascarpone Pasta Bake Selection of Pizzas	Taco Bar Hard & Soft Taco with Sweet Potato Fajita mix or Pulled BBQ Pork & Iceberg, Cheese, Salsa, Sour Cream, Guacamole with Chimi Curri Corn on Cob Pan Asian Zasai Chicken Gohan or Tofu Cha Han Chow Mein & Prawn Crackers.	Ramen & Noodles Salmon Honey & Soy Tofu Miso, Black Sesame & Schichimi Chicken Personalisation station	Bolognese Pasta Bake Tomato & Mascarpone Pasta Bake Selection of Pizzas	Fé Bi oo W W T C C S G Bi
Saturday	Full Cooked Breakfast	Selection of Cereals Pastries Yoghurt & Toppings	Pollo Pesto Pasta Bake Ratatouille Pasta Bake Selection of Pizzas	Hot Sandwiches Seared Steak Baguette Turkey Burger Black Bean & Sweet Potato Burger	Ramen & Noodles Roasted Pork Belly Char Grilled Chicken Teriyaki Tofu Personalisation station	Pollo Pesto Pasta Bake Ratatouille Pasta Bake Selection of Pizzas	Vi Ta Al D S G H Ri Ri
Sunday	Full Cooked Breakfast	Selection of Cereals Pastries Yoghurt & Toppings	Pollo Pesto Pasta Bake Ratatouille Pasta Bake Selection of Pizzas	TraditionalLamb Neck Hot PotRoasted Root Vegetable TartBraised Red CabbageHoney Roasted CarrotsPeas & BeansSweet Potato Mash	Ramen & Noodles Char grilled Squid Chinese pork shoulder Crispy Tofu Personalisation station	Pollo Pesto Pasta Bake Ratatouille Pasta Bake Selection of Pizzas	M SI or Ka W W Bi

## Dinner

## Kitchen

Feather Blade with Chipotole BBQ Glaze Slaw in Brioche or Sweet Potato Falafel Slaw & Hot Sauce Wrap with Sweet Potato Wedges & Winter Slaw

**Topped Salad** Chargrilled Sweet Potato & Polenta Salad topped with Seared Mackeral or Beetroot Falafel

# Pan Asian

#### Ramen & Noodles

Salmon

Honey & Soy Tofu

Miso, Black Sesame & Schichimi Chicken

Personalisation station

Vindaloo Pork

Tandoori Chicken Skewer

Aloo Gobi

Dall Samba

Squash & Chick Pea Masala

Homemade Chapati, Basmati Rice

Raitha Beetroot Pachadi

Moo Satay - Thai Pork Satay Skewer or Shitake & Cashew Tori Kara Age with Chinese Leaf Salad & Wild Rice

### Big Pan

Paella, Chicken, Prawn & Chorizo Ramen & Noodles

Roasted Pork Belly

Char Grilled Chicken

Teriyaki Tofu

Personalisation station

Ramen & Noodles

Char grilled Squid

Chinese pork shoulder

Crispy Tofu

Personalisation station